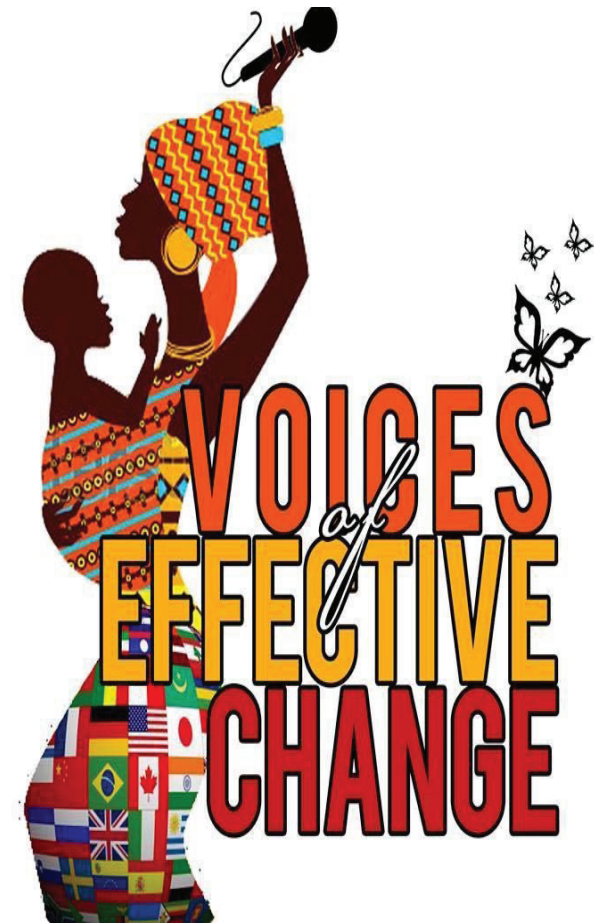


Lutunji Abram, MA
PO Box 582911
Minneapolis, MN 55458-2911
612-382-2021
voicesofeffectivechange@gmail.com
voicesofeffectivechange.com

"To send the effective voice to the masses, be a voice for teen parents and their parents using the tools of personal empowerment and community development."

Services Offered

- Transportation to Doctor Appointments
 - Pre and Post Natal
- Assistance with Education
 - GED
 - FAFSA
 - College Applications
- Assistance with Jobs
 - Applications
 - Professional clothing
 - Mock interviews
 - Transportation
- Housing
- Group Facilitation "Circle"
- Community Development Collaborations
- Conduct work environment assessments
- Speakers Bureau



Resource Manual

Child Care

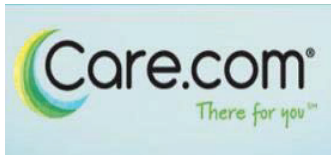


Child Care Assistance Program

Contact county human services office
Application website:
<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-3550-ENG>

Minneapolis Day Care

Website: <https://www.care.com/day-care/minneapolis-mn>



Care.Com
Affordable day care or looking for a job
Website: www.care.com/Daycare

Youth Shelters



The Bridge
612-377-8800
2200 Emerson Ave South
Minneapolis MN



Hennepin County Shelter Team

612-348-9410
Century Plaza
330 South 12th St.
Minneapolis MN

After Hours Shelter

612-673-9138
1010 Currie Ave N Minneapolis MN

Breakingfree.net for more information on free shelters and other services available

Food Continued



Salvation Army Food Shelf South

1604 E Lake Street
Minneapolis, MN 55407
(612) 767-2700



Food in The Hood

1630 East 90th Street
Bloomington, MN 55425
(612)217-4003



ICA Shelf

12990 Saint Davids RD
Hopkins, MN
(952)938-0729

Sharing Korner

439 Thomas Avenue
St. Paul, MN 55103
(651)293-1931

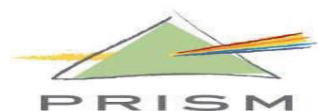
Food Continued



Near Food Shelf
5309 West Broadway
Crystal, MN 55429
(763)533-2836



IOCP Interfaith Outreach
Community Partners
1605 North County Road 101
Plymouth, MN 55447
(763)489-7505



PRISM
730 Florida Ave South
Golden Valley, MN 55426
(763)529-1350



STEP
6812 West Lake Street
St. Louis Park, MN 55426



VEAP
9600 Aldrich Ave. South
Bloomington, MN 55420
(952)888-9616



Neighborhood House Food Shelf
179 East Robie Street
St. Paul, MN 55107
(651)789-3630

Education



Seed Academy & Harvest Preparatory School
1300 Olson Memorial Hwy,
Minneapolis, MN 55411
Website: <http://www.seed-harvest.org/>



Minneapolis Public Schools
612.668.0000 or
Email:
answers@mpls.k12.mn.us.
Website:
<http://www.mpls.k12.mn.us/home>



St. Paul Public Schools
651-767-8100
Email:
communications@spps.org
Website:
www.Spps.org



MTS Minnesota Connections Academy
Free online public school
www.connectionsacademy.com/



Minneapolis Adult Basic Education
Website:
www.abe.mpls.k12.mn.us
Phone: 612-668-3800
Email:
mplsabe@mpls.k12.mn.us

Education Continued



St. Paul Adult Basic Education (Hubb Center)

Website:
Hubs.spps.org
Phone:
651-290-4822
Email:
hub@harding

Agape High School (Teen Parent and Daycare Available)

Website: Agape.spps.org
Phone: 651-744-7970

Broadway High school (Teen Parent and Daycare Available)

Website: Broadway.mpls.k12.mn.us
Phone: 612-668-4700



WMEP-FAIR

Website:
www.wmep.k12.mn.us/fair/
Phone:
612-752-7201



Brooklyn Center Academy (Teen Parent and Daycare Available)

Website:
Bca.brooklyncenter-schools.org
Phone:
763-450-3386

North Education Center Alternative School (Teen Parent and Daycare Available)

Website: www.distr_ict287.org
Phone: 763-559-3535

Food



Emergency Food Shelf Network
8501 54th Ave N, Minneapolis,
MN 55428
(763) 450-3860



People Serving People

614 South 3rd Street
Minneapolis, MN 55415
(612) 789-2858



CEAP Brooklyn Park
6840 78th Ave north
Brooklyn Park, MN 55445
(763) 566-9600



**North point health and
wellness center food shelf**
1313 Penn Ave North
Minneapolis, MN 55421
(612) 767-9175



Little Kitchen Food Shelf

1500 Sixth Street N/E
Minneapolis, MN 55413
(Northeast Community Lutheran
Church)
(612) 788-2444



Catholic Charities Branch 1 & II food shelf

1308 E Franklin Ave
Minneapolis, MN 55404
(612) 204-8420

Family Fun Continued



**Springbrook nature center
(Free)**
100 85th Ave NW, Fridley, MN
55432 (763) 572- 3588



Bunker Beach Waterpark
701 County Road A, Coon Rapids, MN
55433
(763) 767-2895



The Works Museum (\$8.00)
9740 Grand Ave, Bloomington MN
55420
(952)888-4262 www.theworks.org



The Walker Art Center
1750 Hennepin Ave, Minneapolis MN
55403
(612)375-7600 (first Saturday of each
month is free)
www.walkerart.org



Minnesota Children's Museum
10 west 7th street. Saint Paul MN 55102
(651)25-6000 (3rd Sunday each Month
is Free) www.msm.org



Minneapolis Institute of Art
2400 Third Ave. south, Minneapolis
MN 55404

Oakhill Splash Pad (free)
3201 Rhode Island Ave South, Saint Louis Park MN

Emergency Phone Numbers

Battered Women's Hotline
Phone: 651-646-0994

Council on Crime and Justice Victim Services
Phone: 612-340-5400

HSI-Crisis Connection 24-hour crisis counseling
Phone: 612-379-6363 Toll-free 1-866-379-6363

HCMC Crisis Intervention Center
Phone: 612-873-3161

Metro Shelter Hotline
Phone: 1-888-234-1329

Minnesota Food Helpline
Phone: 1-888-711-1151

National Runaway Switchboard (safe shelter info)
Phone: 612-621-4000

Neighborhood Involvement Program (counseling)
Phone: 612-825-4357

Rape and Sexual Assault Helpline
Phone: 612-825-2409

PRIDE- The Family Partnership (Victims of Prostitution)
Phone: 612-728-2062

Suicide Prevention
Phone: 612-873-2222

Tutman (Battered Women's Shelter Hotline)
Phone: 612-825-0000

United Way 2-1-1 (Food and Shelter info)
Phone: 211 or 651-291-0211

Family Fun



Minneapolis Music and Movies in the Park (Free)
Starts in June and runs through Labor Day weekend. For a list of shows and parks visit www.mplsmusicandmovies.com



Science Museum of Minnesota
120 west Kellogg Blvd Saint Paul MN 55102

Lewis Park Splash Pad (Free)

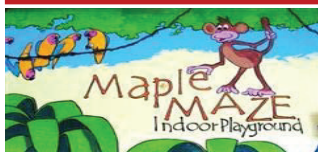
900 North Marion Street. Saint Paul MN 55117



Minnesota History Center
345 west Kellogg Blvd, St. Paul Minnesota 55102
www.minnesotahistorycenter.org

Lake Hiawatha Splash Pad (Free)

2701 east 44th street, Minneapolis MN 55406



Maple Maze (\$5.00)
12951 weaver lake RD, Maple Grove MN 55369
(763)494-6500

French Park (Free)

12605 County Road 9, Plymouth MN 55441
(763)694-7750

Family Fun Continued



Minnesota Zoo
13000 Zoo Blvd, Apple Valley, MN 55124 (952) 431-9200



Como Park Zoo & Conservatory (Free Zoo)
1225 Estabrook Dr, St Paul, MN 55103
(651) 487-8201

Chutes and ladders Park (Hyland Play Area) (Free)

10145 Bush Lake Road, Bloomington MN 55438
(763)694-7687



Minneapolis Sculpture Garden
725 Vineland Place, Minneapolis, MN 55403
(612) 375-7600



Nickelodeon Studios
5000 center court, Bloomington, MN 55425
(952) 883-8800



Sea life Minnesota museum
120 E Broadway, Bloomington, MN 55425
(952) 883-0202